

# Third-Hand Smoke



## What is Third-Hand Smoke?

- It's the residual nicotine and chemicals left on indoor surfaces by tobacco smoke
- It remains behind on a variety of surfaces after tobacco has been smoked
- It includes cancer-causing chemicals such as arsenic, lead and cyanide
- Its toxins linger on furniture, clothing, walls, carpets and even in your hair
- Babies, toddlers and children are most vulnerable to the toxic effects of third hand smoke
- It cannot be removed by regular cleaning, opening a window, using fans or confining smoking to a single room
- A 100% smoke-free environment is the only way to protect you and your family from third hand smoke

Source: Alberta Quits

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