

# Fifth Annual Nicotine Addiction Forum

*A Breath of Fresh Air*

May 1, 2020

8 am to 4 pm

Dr. Georges-L.-Dumont

University Hospital Centre

330, avenue Université, Moncton



Offered in both official languages

Via videoconference to various Vitalité Health Network locations

**Goal:** The forum aims to give health professionals new knowledge and competencies so they are better equipped to support people with nicotine or cannabis addiction.

**Main themes:** Evolution of the Ottawa Model for Smoking Cessation, cannabis, vaping, smoking cessation (follow-up and respiratory condition).

**Cost:** The forum is free of charge.

**Target clientele:** The forum is for physicians, registered nurses, licensed practical nurses, nurse practitioners, respiratory therapists, pharmacists, social workers and other health professionals caring for patients with nicotine or cannabis addiction.

# Details

## Delivery

The forum will be delivered in French and English. Simultaneous translation will be available. You will be able to ask questions in the language of your choice.

## Registration procedure

Vitalité Health Network employees: Use iTacit to register.

Non-employees of Vitalité Health Network: Please e-mail the Staff Development Department at [education@vitalitenb.ca](mailto:education@vitalitenb.ca) or call the Staff Development Department of your region:

- Acadie-Bathurst: 544-2425
- Beauséjour: 862-4275
- Northwest: 739-2375
- Restigouche: 760-4458

On your registration form, please indicate the name of the forum as well as your name, telephone number and e-mail address. Please also indicate the facility (see next page) where you want to attend.

Registration deadline: April 27, 2020

## For information

Consult iTacit or contact Karelle Guignard at 506-378-2139.

## Certificate of completion

A certificate of completion will be supplied upon request.

## Meals

Lunch will be provided. In case of allergies, please advise the Staff Development Department (see e-mail address and numbers above).

# Videoconference Sites

Region	Facilities	Rooms
Acadie-Bathurst	Saint-Isidore Community Health Centre	Conference Room
Acadie-Bathurst	Community Mental Health Centre (Caraquet)	Conference Room
Acadie-Bathurst	Community Mental Health Centre (Bathurst)	Salle 024-027
Acadie-Bathurst	Enfant-Jésus RHSJ† Hospital	Conference Room
Acadie-Bathurst	Tracadie Hospital	Co-op de la Baie Room (Room 1067)
Acadie-Bathurst	Lamèque Hospital and Community Health Centre	Conference Room (Room 163)
Acadie-Bathurst	Chaleur Regional Hospital	Room A (Room B-62)
Beauséjour	Community Mental Health Centre (Moncton)	Room 145
Beauséjour	Shediac Regional Medical Centre	Videoconference Room, Second floor
Beauséjour	Community Mental Health Centre (Richibucto)	Room 159
Beauséjour	Dr. Georges-L.-Dumont University Hospital Centre	Amphitheater (Room 27)
Beauséjour	Stella-Maris-de-Kent Hospital	Room 1010
Nord-Ouest	Community Mental Health Centre (Edmundston)	Room 303-B
Nord-Ouest	Community Mental Health Centre (Grand Falls)	Room 15
Nord-Ouest	Community Mental Health Centre (Grand Falls)	Local 0252
Nord-Ouest	Edmundston Regional Hospital	Amphitheater (Room 2250)
Nord-Ouest	Hôtel-Dieu Saint-Joseph de Saint-Quentin	Administration Room
Nord-Ouest	Addiction Services (Edmundston)	Conference Room
Restigouche	Centre de santé communautaire de St-Joseph	Room 168
Restigouche	Community Mental Health Centre (Campbellton)	Conference Room
Restigouche	Campbellton Regional Hospital	MacPherson Auditorium
Restigouche	Regional Addiction Services	Library

# Program of the Day

8 h	Attendance
8 h 15	Welcome <i>Karelle Guignard, Regional Coordinator, Smoking Cessation Program, Vitalité Health Network</i>
8 h 20	<i>Shelley Robichaud, Primary Care Director, Vitalité Health Network</i>
8 h 30	Organizing your practice for ease and impact: Lessons from the Ottawa Model An overview of evidence-based approaches and change management principles for systematically addressing nicotine dependence in any healthcare setting <i>Dr Robert Reid, Creator of OMCS and professor at the faculty of medicine UOttawa</i>
9 h 30	From bench to bedside: Systematic approaches to smoking cessation A detailed overview of the fundamental elements of the Ottawa Model for Smoking Cessation Program (OMSC) <i>Mustafa Coja, Manager of the OMCS Program - Cardiology Institute of UOttawa</i>
10 h 15	Health Break
10 h 45	Smoke signals: How vaping and legal cannabis are changing the tobacco landscape in Canada - (hint: it's not for the better) An overview of the current evidence surrounding the efficacy and safety of vaping as a cessation aid, and the impact of the legalization of cannabis on smoking cessation. <i>Mustafa Coja, Manager of the OMCS Program - Cardiology Institute of UOttawa</i>
11 h 45	Lunch
12 h 45	Smoking in numbers: Trends in New-Brunswick <i>Monica Lavoie, Research Coordinator, New Brunswick Health Council</i>
1 h 30 pm	How to manage cravings? Drug therapy, regular follow-ups and support; a winning combination in the smoking cessation process. <i>Solange Arseneau, Smoking Cessation Clinician Nurse, Vitalité Health Network</i>
2 h 30 pm	Health Break
2 h 45 pm	Stop to breath better! <i>Amanda Babineau, Respiratory Therapist, Vitalité Health Network</i>
3 h 45 pm	Closure of the Event/Evaluation